

THE UNIVERSITY OF VIRGINIA DEPARTMENT OF ORTHOPAEDICS  
IS PLEASED TO PRESENT

# THE **2025** ORTHOPAEDIC SURGERY ALUMNI WEEKEND

**APRIL 11-12, 2025**



**UVA Health Orthopaedic Center – Ivy Road  
Charlottesville, Virginia**

 **UVAHealth**

Provided by the University of Virginia  
School of Medicine and School of Nursing

# COURSE OVERVIEW

This conference is designed for orthopaedic practitioners including surgeons, nurse practitioners, and physician assistants. A primarily case-based format will be used to explore the surgical and alternative management of patients within the subspecialties of joint replacement, trauma, pediatrics, hand and upper extremity, foot and ankle, shoulder and knee, and spine. Each presenter will engage the audience in an exchange of ideas and opinions ending with an overview of the best evidence for the problem(s) highlighted in the case. Panel discussions will allow for discussion of complex cases, and each session will include opportunities for audience participation.

## COURSE OBJECTIVES

- Review advances and current best practices in each of the following fields, foot/ankle, hand, spine, joint arthroplasty, pediatric orthopaedics, orthopaedic trauma surgery, and sports medicine
- Discuss and debate controversies relevant in each of the orthopaedic subspecialties
- Provide an update and discuss relevant issues in today's health care environment that are prudent to providing optimal patient care in a fiscally responsible manner

## EDUCATIONAL OBJECTIVES

At the completion of the 2025 Orthopaedic Surgery Alumni Weekend, the participant should be able to:

- Evaluate and discuss complex cases involving orthopaedic pathology of the foot and ankle, hand and wrist, and spine
- Identify and appropriately utilize new and emerging techniques in pediatric orthopaedics, musculoskeletal trauma and sports medicine
- Choose efficient methods of providing orthopaedic care in a changing health care environment

## ACCREDITATION AND DESIGNATION STATEMENT



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

UVA Health Continuing Education designates this live activity for a maximum of **9.0 AMA PRA Category 1 Credits.™**

UVA Health Continuing Education awards up to **9.0 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.

# REGISTRATION

Registration and payment are available at [www.cmevillage.com](http://www.cmevillage.com), (Click on Live Courses). **Registration will close at midnight on Sunday, April 8, 2025. NO WALK IN REGISTRATION.** The course syllabus will be available online only the week of the conference until 30 days after the conference. Please Note: Policies on Cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact [uvacme@virginia.edu](mailto:uvacme@virginia.edu) or 434-924-5310.

Physicians ..... \$600

NP and PA ..... \$500

# PROGRAM AGENDA

## FRIDAY, APRIL 11, 2025

7:30 – 8:00 am	<b>Registration/Breakfast (provided)</b>
8:00 – 8:15 am	<b>Opening Remarks and Department Update</b> – Drs. Chhabra, Cooper and Gwathmey
8:15 – 8:45 am	<b>UVA Division Session – Spine Surgery</b>
8:45 – 9:15 am	<b>UVA Division Session - Pediatric Orthopaedics</b>
9:15 – 9:45 am	<b>Debate Your Mentor -</b> <b>Spine</b> - Bayan Aghdasi, MD (2019) VS. Adam Shimer, MD <b>Pediatrics</b> - Scott Yang, MD (2015) VS. Mark Abel, MD
9:45 – 10:15 am	<b>Break</b>
10:00 – 10:45 am	<b>Keynote Speaker</b> - Todd Milbrandt, MD
11:00 – 11:30 am	<b>UVA Division Session - Hand and Upper Extremity</b>
11:30 – 12:00 pm	<b>Special Guest Speaker</b> - Allie Redshaw
12:00 – 1:00 pm	<b>Lunch (provided)</b>
1:00 – 2:00 pm	<b>Alumni Panel</b>
2:00 – 2:30 pm	<b>UVA Division Session - Foot and Ankle</b>
2:30 – 3:00 pm	<b>Debate Your Mentor -</b> <b>Hand</b> - Scott Eisenhuth, MD (2010) VS. Bobby Chhabra, MD <b>Foot and Ankle</b> - Victor Anciano, MD (2020) VS. Joseph Park, MD
3:00 – 3:30 pm	<b>Break</b>
3:30 – 4:00 pm	<b>UVA Division Session - Adult Reconstruction</b>
4:00 – 4:15 pm	<b>Orthopaedic Oncology for the Non-Oncologist</b> - Max Hoggard, MD
4:15 – 4:30 pm	<b>Debate Your Mentor -</b>
4:15 – 4:30 pm	Mike D'Apuzzo, MD (2013) VS. James Browne, MD
4:30 - 5:00 pm	<b>Gwo-Jaw Wang, MD Speaker</b> - Robyn Modly
5:00 pm	<b>Refreshments on the OCIR Patio</b>
7:00 pm	<b>Dinner at Level10</b> (323 2nd St. SE, Suite 1000, Charlottesville)

## SATURDAY, APRIL 12, 2025

7:30 – 9:00 am	<b>Breakfast (provided) and Subspecialty Breakout Sessions</b>
9:00 – 9:30 am	<b>UVA Division Session - Sports Medicine</b>
9:30 – 9:45 am	<b>Debate Your Mentor -</b> <b>Sports</b> - Aaron Casp, MD (2020) VS. Stephen Brockmeier, MD
9:45 – 10:15 am	
10:15 – 10:30 am	<b>Break</b>
10:30 – 11:15 am	<b>Keynote Speaker</b> - Mark Miller, MD
11:15 – 11:45 am	<b>UVA Division Session - Orthopaedic Trauma</b>
11:45 – 12:00 pm	<b>Debate Your Mentor -</b> <b>Trauma</b> - Jesse Seamon, MD (2014) VS. David Weiss, MD
12:00 pm	<b>Adjourn</b>
3:00 – 4:00 pm	<b>Baseball Tailgate/Clubhouse Open</b>
4:00 pm	<b>UVA Baseball vs. Pitt @ Davenport Field</b>

**NOTES:**  
Times are subject to change.  
Speaker order is subject to change.

## COURSE DIRECTORS

### **M. Truitt Cooper, MD\***

Associate Professor of Orthopaedic Surgery – Foot and Ankle Division

### **F. Winston Gwathmey Jr., MD\***

Associate Professor of Orthopaedic Surgery – Sports Medicine Division

## GUEST SPEAKERS

### **Todd A. Milbrandt, MD**

Chair, Pediatric Orthopedic Surgery  
Mayo Clinic  
President, Pediatric Orthopaedic Society of North America

### **Mark D. Miller, MD**

Professor Emeritus of Orthopaedic Surgery  
University of Virginia

### **Robyn Modly**

USS Cleveland Legacy Foundation

### **Allie Redshaw**

Chef, Sommelier, Yoga Instructor,  
Professional Paraclimber

Omni Charlottesville Hotel is nestled amidst iconic landmarks and the lively University of Virginia campus, the hotel bridges history with modern allure.

## CONTACT

Please contact Pamela Lace in the Office of Continuing Medical Education with any questions regarding this activity.

- ◆ [psl5g@virginia.edu](mailto:psl5g@virginia.edu)
- ◆ 434.243.5703

## UNIVERSITY OF VIRGINIA COURSE FACULTY

Victor Anciano, MD  
Keith Bachman, MD  
Tracy Borsinger, MD  
Stephen Brockmeier, MD  
James A. Browne, MD  
A. Bobby Chhabra, MD\*  
Quanjun Cui, MD  
A. Rashard Dacus, MD  
D. Nicole Deal, MD  
Matthew J. Deasey, MD  
David Diduch, MD  
Ian M. Duensing, MD  
Aaron Freilich, MD  
Michael M. Hadeed, MD  
T. Max Hoggard, MD  
\*planning committee member

Leigh Ann Lather, MD, FAAP  
Xudong Joshua Li, MD, PhD  
Stephen D. Lockey, MD, MBA  
Joseph Park, MD  
Kacy Peek, MD, MS  
Venkat Perumal, MD  
Mark Romness, MD  
Francis Shen, MD  
Adam Shimer, MD  
Anju Singla, MD  
Charles Su, MD, PhD  
Caroline Tippet, DPM  
David B. Weiss, MD  
Brian Werner, MD  
Seth Yarboro, MD



## ACCOMMODATIONS

Rooms have been reserved at the Omni Charlottesville Hotel at a discounted rate of \$289 on Thursday, April 10 through Saturday, April 12, and will be available on a first-come first-served basis. Attendees will need to make their own reservations with the group name “2025 Orthopaedic Alumni.” All reservations must be made by **Tuesday, March 11, 2025**, after which time rooms will be released and cannot be guaranteed to be available.

Reservations can be made by calling 434-971-5500 or by [clicking here](#).

## PARKING AND LOCATION

Parking at the UVA Health Orthopaedic Center is complimentary for all attendees. The center is located at 2280 Ivy Road, Charlottesville. Transportation will also be provided to and from The Omni Charlottesville Hotel for those who would prefer.

## ADDITIONAL ACTIVITIES

A cocktail hour and dinner will be held at the Level10 on Friday, April 11, 2025 beginning at 6:30pm. Level10 is located at 323 2nd St., SE, Suite 1000, Charlottesville. There is on site parking as well as a public parking lot one block over.